

LIFELINE



I am responsible when anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there, and for that I am responsible.

life·line | \ 'līf- līn : 1. A rope or line used for life-saving, typically one thrown to rescue someone in difficulties in water. 2. A thing on which someone depends for a means of escape from a difficult situation.

<https://en.oxforddictionaries.com>

WHAT IS FOUNDERS DAY?

The Origins of Alcoholics Anonymous can be traced to the Oxford Group, a religious movement popular in the United States and Europe in the early 20th century. Members of the Oxford Group practiced a formula of self-improvement by performing self-inventory, admitting wrongs, making amends, using prayer and meditation, and carrying the message to others.

In the early 1930s, a well-to-do Rhode Islander, Rowland H., visited the noted Swiss psychoanalyst Carl Jung for help with his alcoholism. Jung determined that Rowland's case was medically hopeless, and that he could only find relief through a vital spiritual experience. Jung directed him to the

Oxford Group. Rowland later introduced fellow Vermonter Edwin ("Ebby") T. to the group, and the two men along with several others were finally able to keep from drinking by practicing the Oxford Group principles.

One of Ebby's schoolmate friends from Vermont, and a drinking buddy, was Bill W. Ebby sought out his old friend at his home at 182 Clinton Street in Brooklyn, New York, to carry the message of hope.

Bill W. had been a golden boy on Wall Street, enjoying success and power as a stockbroker, but his promising career had

been ruined by continuous and chronic alcoholism. Now, approaching 39 years of age, he was learning that his problem was hopeless, progressive, and irreversible. He had sought medical treatment at Towns Hospital in Manhattan, but he was still



drinking. Bill was, at first, unconvinced by Ebby's story of transformation and the claims of the Oxford Group. But in December 1934, after again landing in Towns hospital for treatment, Bill underwent a powerful spiritual experience unlike any he had ever known. His depression and despair were lifted, and he felt free and at peace. Bill stopped drinking, and worked the rest of his life to bring that freedom and peace to other alcoholics. The roots of Alcoholics Anonymous were planted.

Following Bill W.'s spiritual awakening at Towns Hospital, he and wife Lois join

the Oxford Group - a nondenominational movement whose tenets are based on the "Four Absolutes" of honesty, purity, unselfishness, and love - and begin to attend meetings at Calvary House, behind Manhattan's Calvary Episcopal Church there.

A short-term job opportunity takes Bill to Akron, Ohio. In the lobby of his hotel, he finds himself fighting the urge to join the conviviality in the bar. He consults a church directory posted on the wall with the aim of finding someone who might lead him to an alcoholic with whom he could talk. A phone call to Episcopal minister Rev. Walter Tunks results in a referral to Henrietta Seiberling, a committed Oxford Group adherent who has tried for

two years to bring a fellow group member, a prominent Akron surgeon, to sobriety. The meeting of the two men takes place the next day - Mother's Day, May 12, 1935. In the privacy of the library, Bill spills out his story, inspiring "Dr. Bob" to share his own. As the meeting ends hours later, Dr. Bob realizes how much spiritual support can come as the result of one alcoholic talking to another alcoholic.

Bill joins the Smiths at the weekly Oxford Group meetings held in the home of T. Henry Williams and his wife Clarace, both particularly *(continued on page 2)*

(con't) sympathetic to the plight of alcoholics.

Soon, at the suggestion of Dr. Bob's wife Anne, Bill moves to their home.

Dr. Bob lapses into drinking again but quickly recovers. The day widely known as the date of Dr. Bob's last drink, June 10, 1935, is celebrated as the founding date of Alcoholics Anonymous.

Dr. Bob and Bill spend hours working out the best approach to alcoholics, a group known to be averse to taking direc-



tions. Realizing that thinking of sobriety for a day at a time makes it seem more achievable than facing a lifetime of struggle, they hit on the twenty-four hour concept.

Eager to carry the message, Bill and Dr. Bob search for another person to help. After a slow start, their call to Akron City Hospital yields a prospect - Bill D., a lawyer. During the visits of Bill and Dr. Bob, Bill D. takes their message to heart and promises never to drink again - a vow he keeps for life.

Now remembered as the "man on the bed", Bill D. becomes the third member of what will eventually be called Alcoholics Anonymous.

<https://aa21.org/wp-content/uploads/2015/02/2014-Founders-Day-Booklet.pdf>



I have surrendered in Step 3. I engaged in a thorough inventory of my resentments, my fears, my sex life and my finances in Step 4. I shared this inventory with my sponsor in Step 5 which led to the ominous '4th column', the one where I begin to understand the concept of responsibility. My sponsor lovingly points out 'my part' in all points.

These vary: Abuse suffered in childhood doesn't make me responsible for that abuse. Step 5 and my sponsor just help me to see that I can't keep blaming my past for a mediocre life today. In that case, I will never have the glorious life which AA promises me (Step 9 Promises - Oh my God!) and which I want with every fiber of my being (Step 3 - take ALL of me, God, if there-is-a-God). It's the 'flight of liberation' our BB talks about. I will have to biblically speak 'pick up my bed' (my past, my character, my story, all of it) 'and walk' to freedom. Regarding petty offenses, the harm done to others is obvious. Some exam-

band. Victimizing myself and thus my loved ones...

So, what's Step 6? Why willingness? To me, Step 6 means I let the 'good news' of Step 5 sink in. I take it in. Digest. I go home, take an hour (or more), and think of what just happened (I mean literally, my sponsor has just turned my whole worldview around forever!). And I ask myself a crucial question: Have I left anything out? Is there a secret I haven't shared? If yes, pick up the phone immediately and share it with my sponsor. It will be beneficial for both of us.

My sponsor points out that if I want to be a 'person of character' I need to become willing to develop character defects - that is Step 6. The longer I am sober the more character defects I have since I have become a crazy beautiful person with character, a personality! Just what I always longed for in the booze.

There's a quote I love: *Sanity is dedication to reality at all costs.* The willingness

muscle I am starting to develop in Step 6, not out of virtue but necessity, gives me the courage to see myself as I am, not more not less, just me, right-sized, beautifully, imperfectly human. For an alcoholic, that's very hard because we grow up thinking that having character defects means actually 'being defective'. Children feel like that. And didn't our beloved Dr. Harry Thiebout say that we alcoholics are childish, oversensitive, and grandiose? When we equate our character defects to being defective, we can never make amends, never correct our behavior, and never change. We are doomed to be - excuse my language - mean a**holes. And victims.

We AAs know that willingness works well with open-mindedness and Honesty. It's our famous H.O.W. from Chapter 5, 'H.O.W. it works'. Willingness is basically willingness to grow a new attitude. I have to be open-minded to do that. Being open-minded helps me be honest. Because I am dedicating myself with the help of my sisters and brothers in AA, and my sponsor, to reality at all costs.

Someone compared Step 6 to the 'Dance of the Seven Veils', described by C.G. Jung as the descent to our true self, to stripping naked, to finding myself standing in a state of truth. In the process of Steps 3 to 6 we lift one veil after another. To stand naked in front of God as we do or do not understand God in Step 7 and give Her/Him/It all of us. Our whole humanness.

There's a quote I love: *Sanity is dedication to reality at all costs.* The willingness

<https://alcoholics-anonymous.eu/general-post/willingness-and-step-6/>

WHO WAS E.M. JELLINEK?

Jellinek was born in New York City on August 15th, 1890. Shortly after his birth, his father, Marcell Jellinek, moved his family to Budapest, Hungary to take over the family transport business. Growing up in an affluent and well-educated family in Budapest during the Austro-Hungarian Monarchy, Jellinek was surrounded by exciting intellectual and artistic culture.

Before he became known as an alcohol science scholar in the United States, Jellinek was involved in various practical and scholarly endeavors related to multiple disciplines, although there are signifi-

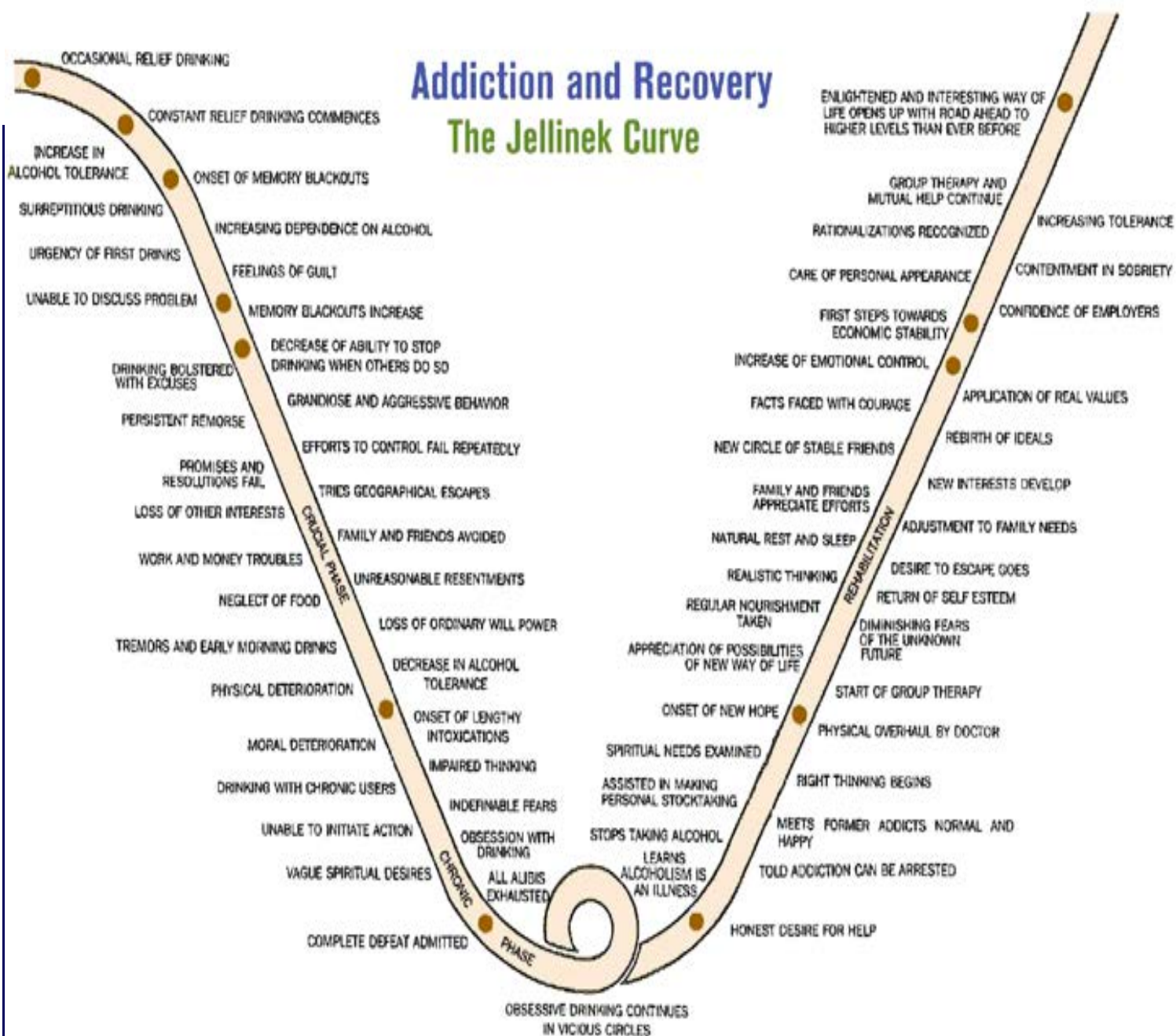
cant gaps in his biography from 1920 to 1931. Jellinek's life is fairly well-documented after he relocated to the United States. In 1939, Jellinek joined the Research Council on Problems of Alcohol as Executive Director of a project reviewing literature on the effect of alcohol on the individual, funded by the Carnegie Corporation. The project was continued at Yale University under the auspices of the Laboratory of Applied Physiology. The result of this review became known as the *Classified Abstract Archive of the Alcohol Literature* (CAAAL).

In 1943, he became the first director of the Summer School of Alcohol Studies,

the model of alcohol education and training programs in the United States, and in 1944 established the Yale Plan Clinics, the model treatment facility for alcohol patients. By 1951, Jellinek was employed by the World Health Organization (WHO) in Geneva, where he served as a consultant on the Alcoholism Subcommittee of the Expert Committee on Mental Health and later as secretary general of the International Institute for Research on Problems of Alcohol.

Following this work, he wrote a highly influential book, *The Disease Concept of Alcoholism*, published in 1960.

<https://alcoholstudies.libraries.rutgers.edu/notable-people/Jellinek>



(continued on page 4)

(con't) The Jellinek Curve describes the typical pattern of how people with alcoholism experience addiction and recovery. It can be separated into three main phases:

- The Crucial Phase
- The Chronic Phase
- The Rehabilitation Phase

The Crucial Phase

The crucial phase represents the time during which addiction begins to take hold. It often starts with social drinking before progressing into occasional relief drinking. An increased dependence and guilty feelings, social avoidance, and loss of willpower typically follow this. This results in increased periods of intoxication, including binge drinking, and an inability to moderate or otherwise restrict use—ultimately leading down into the lowest section of the curve.

The Chronic Phase

There is a loop at the bottom of the Jellinek Curve where people often become trapped in the cyclical nature of addiction, spiraling further into the depths of obsessive drinking patterns or drug use. It is during this vicious cycle of dependence that. This is when outside help becomes necessary to initiate and follow through with the recovery process.

The Rehabilitation Phase

Beginning with an honest desire for help, the path curves upward steadily. After one stops drinking, foggy thinking clears, and thoughts of a new life emerge as one releases themselves from addic-

tion.

Self-esteem is rebuilt, new connections are forged, and courage and a strong support network encourage individuals to continue walking the road to recovery. The rehab process for a sober life is complicated and can take a period, but the eventual outcome is well worth it.

Keeping that hopeful but realistic thinking is a part of using Jellinek's Curve. It is why support services that utilize this approach often have patients with faster recovery and who enjoy a more extended time sober.

How the Jellinek Curve Offers Hope for Recovery

The Jellinek Curve is a helpful educational tool, no matter what stage of addiction, for both addicts and their families, in understanding forms of addiction and talking about the need for treatment and recovery.

- It allows a person to remember better and understand the timeline of addiction and recovery.
- It helps people struggling with active addiction to see their progression through addiction more,
- It helps highlight what they have already lost and the risks that lie ahead if they continue using.
- It shows what is possible with proper recovery support.

Even those who feel trapped at the bottom of the curve have the potential for rehabilitation if they can take that first step

and ask for help breaking free of the cycle. Seeing the many benefits of treatment and recovery listed out can also provide motivation, something to hold onto when the road to recovery begins to feel rocky.

Charting Your Own Course to Alcoholic Recovery

The Jellinek Curve visibly illustrates that recovery is more than simply stopping to use whatever a person has become dependent on. Detox alone is not enough to break the cycle; for most, a long-term addiction treatment program is necessary to continue moving up into the rehabilitation phase of the curve.

Notice that the curve doesn't level out; instead, it keeps going up as one pursues the path of recovery. This visual can be incredibly motivating to those struggling with addiction, as it serves as a tangible reminder of how much there is to lose if one regresses—and how much there is to gain if you keep following the curve upward. Recovery may be an uphill journey, but the rewards are worth it. Contentment in sobriety can be found.

The Jellinek Curve can also be quite literally used to chart your progress as you change the direction of your life and begin to move upward through the rehab phase. It is a roadmap to healthy thinking and improving mental health as the trajectory of alcoholism or drug dependence takes a swing for the better. Milestones can be set, met, and marked on a chart printout as a visual aid for recovery.

<https://newchoicestc.com/blog/using-the-jellinek-curve-to-chart-a-path-to-addiction-recovery-nc/>

The Lifeline is an unofficial newsletter published by Southern Maryland Intergroup Association, Inc. Any opinions expressed are those of the writers. They are not endorsed by SMIA, any group or AA as a whole. Group secretaries and individuals are encouraged to send group news, anniversaries and events. Material may be edited for space and content. Please send all *Lifeline* correspondence to: somdlifeline@gmail.com

Our Primary Spiritual Aim — Tradition Six

“An A.A. group ought never endorse, finance, or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.”

Problems of money, property, and authority may easily divert us from our primary spiritual aim. We think, therefore, that any considerable property of genuine use to A.A. should be separately incorporated and managed, thus dividing the material from the spiritual. An A.A. group, as such, should never go into business. Secondary aids to A.A., such as clubs or hospitals which require much property or administration, ought to be incorporated and so set apart that, if necessary, they can be freely discarded by the groups. Hence such facilities ought not to use the A.A. name. Their management should be the sole responsibility of those people who financially support them. For clubs, A.A. managers are usually preferred. But hospitals, as well as other places of recuperation, ought to be well outside A.A.-and medically supervised. While an A.A. group may cooperate with anyone, such cooperation ought never to go so far as affiliation or endorsement, actual or implied. An A.A. group can bind itself to no one.

As a fellowship our primary purpose remains carrying its message to the alcoholic who still suffers (as stated in Tradition Five) and this is absolutely still needed. Why? Because people are still dying of alcoholism, right across the world. Perhaps we don't see people suffering the fatal consequences of alcoholism so much in our meetings or on our streets due to widespread access to hospital care throughout Europe, but each and every-day people are still dying from alcoholism.

“The more AA sticks to its primary purpose, the greater will be its helpful influence everywhere.” (AA Comes of AA, p.109)

As for money, property and prestige, these are not particularly relevant and if anything, a distraction from the core activity of AA, ‘one alcoholic talking with another’. It's been demonstrated for generations now that necessary financial costs

that an AA group does have (for example rent for a meeting room) are effectively met by the voluntary contributions of its own members.

Although an AA group should not affiliate or lend the AA name to outside organizations, AA groups can and do work in a spirit of co-operation with outside organizations, for example taking meetings into hospitals, treatment centers and prisons or running AA public information events for health professionals or policy makers.

By co-operating and simultaneously remaining unaffiliated with any other organization, disagreement, argument, division and problems about money, property and prestige are avoided and our focus in AA can remain on the primary purpose of AA.

As an AA member the application of tradition six in daily life means a continued focus on my primary purpose. Our basic text suggests that I keep close to God and perform his work well (AA Big Book p.63) which includes carrying the message of AA. This can mean being available to newcomers and sponsoring other alcoholics in AA, attending, participating and contributing to AA meetings, actively participating in the AA service structure at group level and beyond. Carrying the message includes outside the AA fellowship through service activity (as part of an established AA service structure) such as public information and co-operating with outside organizations, for example health care facilities, treatment centers and prisons.

Alongside carrying the message of AA my primary purpose includes practicing the principles of the program in all aspects of life, “A much more important demonstration of our principles lies before us in our respective homes, occupations and affairs” (AA Big Book p.19). So, my primary purpose also includes applying the prin-

ciples of our program as a way of life; at home, at work and in the community in which I live...

“A new life has been given us or, if you prefer, “a design for living” that really works.” (AA Big Book p.28).
James S.

<https://alcoholics-anonymous.eu/general-post/our-primary-spiritual-aim-tradition-six/>

OTHERS FIRST.

When I was new, there was an old timer in my home group who shared often about the spiritual love one alcoholic has for another. I had no idea what he was talking about. The only kind of love I knew back then was the kind of love you see in the movies -- sticky, demanding, conditional love. Today I know spiritual love makes no demands, expects nothing in return. This is the way I was sponsored and the way I try to sponsor others.

Spiritual love is Grace--a gift from a loving universe. There is nothing I can do to earn this gift, but there are things I can do to experience this gift in my life. The most powerful mindset I can have to experience Grace in my life is to put others first. I always thought the secret for a happy life was to be loved. In Alcoholics Anonymous I learned the secret is to be loving.

Spiritual love does not begin or end with me. It begins at the source, with God, and flows through me out into the world. My job is to become a channel for this love. Putting my hand out to newcomers, passing on what was so freely given to me, and being of service in any way I can open my channel for spiritual love to flow through me. When the love is flowing, there is no possible way I would drink. No possible way.

<https://aaspirit.blogspot.com/search?updated-max=2020-02-22T07:55:00:08:00&max-results=1&reverse-paginate=true>

As far back as I could remember, I could never be myself. I didn't know who I really was: My family roots are African, Cherokee, Indian, German, and Irish. My first attempts as Steps Four and Five in AA let me begin to let go of deep-seated resentments; I had been filled with fear, anger, and pride about my family and society.

I was a mailman for thirty-seven years, and I lost the mail truck twice when I was drunk. I was in the Navy, and I couldn't find my way back to the ship; I was winning the war drunk. I ended up in a flophouse room. I had lost my wife, my self-respect, and everything except my job. I had been sent to my bottom by King Alcohol and my racial resentments, and it was there that my friend R.H. found me. He was a drinking buddy of long standing, but he'd been sober for three months in AA, and he brought me a copy of the Big Book. I

thumbed through the book as I sipped my booze the day, and in my stupor I read, on page 570 the quote from Herbert Spencer: "There is a principle which is a bar against all information, which is proof against all arguments and which cannot fail to keep a man in everlasting ignorance -- that principle is contempt prior to investigation."

The last phrase opened my eyes. At the end of the week, I called my friend and asked him to take me to an AA meeting. I had not had a drink since the day he brought me the Big Book, and I haven't had one -- yet! -- in the eight and a half years since. I went to my first meeting arrogant and egotistical and full of hate, a know-it-all.

At my third meeting, I was told in no uncertain terms to shut up, sit down, and

listen. I soon learned they were helping me to "discover a chink in the walls...ego has built, through which the light of reason can shine" (*Twelve and Twelve*, page 46).



I loved the Big Book, and slowly, in the book study meetings and at home, the pages began to really shine through and mean my life to me. In my hazy mind, the pages that caught my attention especially were those parts concerning race. I saw on page 17, "We are people who normally would not mix...The tremendous fact for every one of us is that we have discovered a common solution... upon which we can join in brotherly and harmonious action." And I saw on page 28, "if what we have learned and felt and seen means anything at all, it means that all of us, whatever our race, creed, or color, are the children of a living Creator with whom we may form a relationship upon simple and understandable terms as soon as we are willing and honest enough to try." I began to feel like

a member of the human race.

In the first year of sobriety, I retired from the postal service and was reunited with my wife, from whom I had been separated for eight years. It's better now than it ever

has been in all the thirty-five years that we have been married.

I had learned to drop the word blame from my speech, but I was only giving lip service to the idea. I was hiding my real feelings and still living in a fantasy world, being Sidney Poitier one day and Iron Eyes Cody the next. I did not drink, but it was a tooth-grinding, white-knuckle sobriety. I thank God for those Aas who saw what I was doing. Two men in my group told me to start and finish the Fourth and Fifth Steps and get down to causes and conditions right away! I began to really study the Fifth chapter of the Big Book and to follow directions. The arch of triumph was beginning to be built through which I would

pass to freedom. That was five and a half years ago. I no longer have the obsession to drink, not because of any goodness or virtue on my part, but because I have used the tools passed down to me from Bill W. and Dr. Bob. I use the Tenth Step daily, and take the suggestion from my sponsor to study the Big Book and all AA literature. AA principles have taught me to accept myself and to look for changes in attitudes that I must make. AA has taught me that I no longer need to hold on to resentments at those people who called me half-breed. I believe this firmly and with conviction, because I no longer doubt the Fellowship and the miracle of AA. It works -- as long as I stay in action, trying to give away what was so freely given to me. And for that I am grateful. F.C. Hawthorne, CA



It Happened IN JUNE

make sure he didn't drink.

June 16: 1938 – Jim Burwell, "The Vicious Cycle" in

June 1: 1949 – Anne Smith, Dr. Bob's wife, died.

June 4: 2002- Caroline Knapp, author of *Drinking: A Love Story*, died sober of lung cancer.

June 5: 1940 – Ebby Thatcher took a job at the NY Worlds Fair.

June 7: 1939 – Bill and Lois Wilson had an argument, the first of two times Bill almost slipped.

1941 – The first AA Group in St. Paul, Minnesota, was formed.

June 8: 1941 – Three AA's started a group in Kalamazoo, Michigan.

June 10: 1935 – The date that is celebrated as Dr. Bob's last drink and the official founding date of AA. There is some evidence that the founders, in trying to reconstruct the history, got the dates wrong and it was actually June 17.

June 11: 1969 – Dr. Bob's granddaughter, Bonna, daughter of Sue Smith and Ernie Galbraith (*The Seven Month Slip* in the First Edition) killed herself after first killing her six-year-old child.

1971 – Ernie Galbraith died.

June 13: 1945 – Morgan R. gave a radio appearance for AA with large audience. He was kept under surveillance to

Big Book, had his last drink.

June 18: 1940 – One hundred attended the first meeting in the first AA clubhouse at 334-1/2 West 24th St.,

New York City.

June 19: 1942 – Columnist Earl Wilson reported that NYC Police Chief Valentine sent six policemen to AA and they sobered up. "There are fewer suicides in my files," he commented.

June 21: 1944 – The first issue of the AA Grapevine was published.

June 26: 1935 – Bill Dotson. (AA #3) entered Akron's City Hospital for his last detox and his first day of sobriety.

June 28: 1935 – Dr. Bob and Bill Wilson visited Bill Dotson at Akron's City Hospital.

June 30: 1941 – Ruth Hock showed Bill Wilson the Serenity Prayer and it was readily adopted by AA.

1981 – AA in Switzerland held its 25th Anniversary Convention with Lois Wilson and Nell Wing in attendance.

June 29- July 2: 1995 – 56,000 attend 60th Anniversary of AA in San Diego. What a party!

<https://toledoameetings.com/important-dates-in-alcoholics-anonymous/>

SHOPPING DAY: A woman came home from the store with two cases of beer, three bottles of wine, a bottle of whiskey and two loaves of bread.

"Are we expecting company?", her husband asked.

"No," she replied.

"Then why did you buy so much bread?"



Mike T., Grapevine, August 2020

A.A. Oldtimers...On the Sixth Step

This step is most important because here we are ready for God (as we understand Him) to walk along with us and guide us as we seek to improve our character and eliminate the defects which contributed to our alcoholic problem.

With God's help we'll now apologize quickly when we are curt to others. We'll overcome our resentments. We'll become humble and remember it's our own character we want to improve, not the character of others. We'll remember that as we aren't perfect we haven't any particular right to be critical toward others.

We'll ask quickly for help each time we are aware of wrong thinking and whenever we begin to feel sorry for ourselves. When we wish to judge others, we'll remember that not so long ago we were in no position to judge anyone. Resentments, our biggest stumbling block, can be dropped right here. Resentments against those who loved us and tried to help us; resentments against the boss, against our fellow-worker, and all the million other little and big resentments must be turned over to a higher power. At a later date, as our character becomes sound, we'll find that these resentments disappear.

We must ask God to help us understand others. It takes a continued program of doing and thinking our best each day to lead us ahead, out into the open, where we can join the company of our fellow men. The same help we seek in dealing with our alcoholic problem must be used to overcome our other defects. Knowing our problem is in God's hands will give us serenity and peace of mind.



In other words, we will turn our will over to God, asking that His will be done, and we'll work on our defects one by one as they make themselves known to us. Mark H. Buffalo, New York

<https://bigbooksponsorship.org/articles-alcoholism-addiction-12-step-program-recovery/aa-history/aa-oldtimerson-sixth-step/>

JUNE 2026

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6 Peggy Mc., 22 yrs, Leonardtown
7 Kevin S., 5 yrs , Never Too Late	8	9	10 Martha K., 30 yrs, Do Drop In Matt C., 7 yrs, Grateful Alive Huntingtown	11 John W., 1 yr, Basic Text	12	13
14	15	16	17	18	19	20 Brett T., 1 yr, Early Bird
21	22	23 Frankie D., 1 yr, Blue Top	24	25	26	27 David Y., 10 yrs, Saturday AM Break- fast Stephen G., 8 yrs, Laurel Grove
28	29	30				

JULY 2026

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3	4
						
5 Brandi T., 12 yrs, ODAAT	6	7 Travis S., 18 yrs, Hol- lywood	8	9	10	11 Jesse B., 2 yrs, Sat- urday AM Breakfast
12	13	14	15 Billy B., 12 yrs, There Is A Solu- tion	16 Lawrence W., 3 yrs, Blue Top at Noon Keith H., 37 yrs, Almost Normal	17 Mary F., 19 yrs, and Joe H., 25 yrs, Leonardtwn	18
19	20	21	22	23	24	25 Riley F., 3 yrs, Satur- day AM Breakfast
26 Sherrie T., 12 yrs, Never Too Late	27	28	29	30	31	

Service Opportunities!

SMA needs a Treasurer and a Hotline Coordinator

**~ TO GIVE BACK WHAT HAS
SO FREELY BEEN
GIVEN TO US.**

Requirements:

- Residence in Calvert, Charles or St Mary's county - Calvert county preferred.
- Minimum of 2 years of continuous sobriety. These are 2 year terms.

These are excellent opportunities to be of service at the District level.

Please join us at the next SMA meeting, **Saturday June 13 at 10am**

Immaculate Conception Church,

28297 Old Village Road, Mechanicsville, MD 20659

Or via Zoom @

<https://zoom.us/j/99982597908?pwd=QzVLcUZrVHdacFlrYUNZN21tdkluQT09>

Alcoholics Anonymous

Maryland Deaf Access Committee (MDAC)

Created to organize the foundation of
funding and scheduling in-person AA
meetings interpreted in American Sign
Language (ASL) in Area 29

Who We Are

The Maryland Deaf Access Committee (MDAC) is a group of AA members who work in cooperation with our local area districts and home groups to help ensure we can carry the message to ALL those seeking recovery.

Focus

Our main focus is providing ASL (American Sign Language) interpreters at in-person AA meetings in Area 29 to make the fellowship more accessible to the Deaf and hard of hearing community.

AA Traditions

We follow AA's 12 Traditions and are not affiliated with any outside organization. More information will be provided on our website soon. Also see our FAQs.

Contributions

We rely on contributions from AA members and groups to pay for ASL interpreters. We encourage people to remember that when we're discussing having ASL interpreters at meetings, we're discussing providing language access to A.A.

Contributions can be made by

Venmo@ MDAC-2023 or

PayPal@ MarylandDeafAccess@gmail.com

Please share our website: www.mdacAA.org

MarylandDeafAccess@gmail.com

GSR ORIENTATION

Area 29 • Maryland General Service

FIRST MONDAY OF EVERY MONTH

7:30 PM – 8:30 PM (ET)

ZOOM ID- 892 1762 3074

PASSCODE- GSR

You Are Invited

New to General Service? Want to learn more or get a refresher?
All new General Service Representatives (GSRs) in Area 29 — and any member of Alcoholics Anonymous — are welcome to attend this monthly orientation session.

What Does a GSR Do?

A General Service Representative (GSR) is the link between an A.A. group and A.A. as a whole. GSRs represent their home group, carry the group conscience into the service structure, and share information from the district, Area 29, and the General Service Office.

Serving as a GSR is one of the clearest ways to participate in A.A.'s Unity and Service.

Hosted by Area 29 • Panel 76

Questions? altdelegate@marylandaa.org

THE WHAT'S THE POINT GROUP!!

COME OUT AND CHECK US OUT AT OUR

IMPROVED NEW LOCATION

THE CALLAWAY BAPTIST CHURCH

20960 POINT LOOKOUT RD.

THURSDAY EVENING 8:00PM.

WE NOW HAVE

AIR CONDITIONING.!!!



Does your group, intergroup, or district need accessibility help?

Do you need:

- Large-print, audio, or Braille literature?
- ASL or foreign language interpretation?
- Help finding meeting spaces that can accommodate wheelchair users or service animals?
- Tools for bringing meetings to senior centers and assisted living facilities?
- Ideas for supporting alcoholics in remote areas?



The Area 29 Accessibilities Committee is here for you!

We meet on the first Saturday of the month at noon ET

Zoom ID: 871 6531 6649
Passcode: A29Access

Spring 2026 CONTRA Study

March 5, 2026 through June 11, 2026
Thursdays from 9:00 PM to 10:00 PM Eastern Time (US/Canada)

Moderated by Trusted Servants from the Northeast Region of Alcoholics Anonymous



Zoom Meeting ID: 847 4641 4040

Passcode: 338331

Dial-in number for phone callers: +1 (301) 715-8592

We invite all A.A. members to this virtual study of the CONcepts, TRAditions & The A.A. Service Manual. No Registration Fee!

Mar 5, 2026 – Registration & Orientation

Mar 12, 2026 – Traditions 1, 2 & 3

Mar 19, 2026 – Traditions 4, 5 & 6

Mar 26, 2026 – Traditions 7, 8 & 9

Apr 2, 2026 – Traditions 10, 11 & 12

Apr 9, 2026 – Service Manual, pp. I-VII, 1-6, 89-108

Apr 16, 2026 – Svc Man Ch 1, 2, 3 & pp 109-18, 166-69

Apr 23, 2026 – Svc Man, Chapters 4, 5 & 6 & pp 171-7

Apr 30, 2026 – Svc Man, Chpts 7, 8 & 9 & pp 176-180

May 7, 2026 – Svc Man Ch 10, 11, 12 & pp 181-5, 170

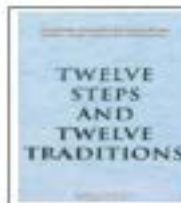
May 14, 2026 – Service Manual, pp. 110-159

May 21, 2026 – Concepts pp I-VII, C1-C2, Con 1, 2, 3

May 28, 2026 – Concepts 4, 5 & 6

Jun 4, 2026 – Concepts 7, 8 & 9

Jun 11, 2026 – Concepts 10, 11 & 12



CONTRA Study Materials

(provided via email following registration):

Twelve Steps and Twelve Traditions, B-2 (free participant download at www.aa.org)

The A.A. Service Manual combined with The Twelve Concepts for World Service, 8M-31, 2024-2026 edition

AA Grapevine Traditions Checklist, July 2016 revision

Spring 2026 Contra Study Service Manual Questions

A.A.W.S. Concepts Checklist, SMF-01, 08/10 edition

We will cover approximately three chapters of reading material per week, with associated questions. Only those who have read the assignment and have written answers to the weekly questions will be invited to read their answers to the group. All others are welcome to join the meeting and listen.

Presented by Trusted Servants from

the Northeast Region

For more information, contact:

2026contrastudy@gmail.com

69th ANNUAL A.A. SESSIONS By - The - Sea
Tuesday thru Sunday
August 18-23, 2026
CONVENTION HALL - OCEAN CITY, MARYLAND

We are pleased to announce an outstanding program

<p>TUESDAY EVENING Iowa IA North Myrtle Beach SC 6:30 P.M.</p> <p>WEDNESDAY EVENING Denton MD Little Rock SC 6:30 P.M.</p> <p>THURSDAY EVENING Chesapeake VA Beverly Hills OH 6:30 P.M.</p> <p>FRIDAY MORNING (APG) Iowa IA Edinburgh MD 10:00 A.M.</p>	<p>FRIDAY EVENING Crested E Frankford DE 6:30 P.M.</p> <p>SATURDAY MORNING (APG) JG P Terra Valley PA 10:00 A.M.</p> <p>SATURDAY EVENING Ehlers IA Philadelphia PA 6:30 P.M.</p> <p>SUNDAY MORNING John E Bellevue NE 10:00 A.M.</p>
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THERE WILL BE NO SMOKING IN THE CONVENTION HALL

- Interpreter for the hearing impaired -

-Good Fellowship -Good Document -A.A. Literature
-Good Speakers -Good Speech -Faking Trip

Registration is online only. Registration Badges must be picked up at the Convention Center and the name badge must be worn visibly to attend any event at the Convention Center. There will be no other Registrations or Name badges available at Sessions.

GO TO <https://www.sessionsbythesea.com> FOR REGISTRATION AND INFORMATION

SPRING PICNIC!!!

THE NORTH BEACH GROUP



FOOD AND FELLOWSHIP!!!

SATURDAY JUNE 6, 2026

3:00 - 6:00

5912 Chesapeake Ave
North Beach, MD
20714



**Interested in Service?
Want to Get Involved in Service But Don't
Know Where to Start?**

Consider being on the Welcoming Committee
at the
Maryland State Convention!!

**Friday June 19, 2026 - Sunday June
21, 2026**

Sheraton Baltimore North Hotel
Towson, Maryland

We are looking for members of the fellowship
who want to welcome people from all over the
state, region and country to our state
convention. Smile, say hello, shake a hand,
give a hug or give directions. This is a great
way to stay sober and meet people that share
in our common solution.



52nd Maryland State Convention
June 19-21, 2026
Hosted by Maryland General Services, Inc.
with A-Area and Retawen Participation

Sheraton Baltimore North Hotel
903 Outansy Valley Road Towson, Maryland 21284

MGS Room Rate:
\$129 per night plus tax
King or two Double Beds

More Details available in
today's area released

Book rooms at the MGS Group Rate!



You may cancel your
reservation for no charge
3 days before arrival,
June 16, 2026

<https://bit.ly/MDStateConvention>

Free Parking Garage Validation for all Convention Registrants



52.ª Convención Estatal de Maryland
19-21 de junio de 2026
Organizado por Maryland General Services, Inc.
con la participación de A-Area y Retawen

Hotel Sheraton Baltimore North
903 Outansy Valley Road Towson, Maryland 21284

Tarifa de habitaciones MGS:
\$129 por noche más
impuestos Casa King o dos
camas dobles

Más detalles disponibles a
medida que se liberan las
reservas

¡Reserva habitaciones con tarifa grupal MGS!



Puede cancelar su
reserva sin cargo 3 días
antes de la llegada, 16 de
junio de 2026

<https://bit.ly/MDStateConvention>

Validación de estacionamiento gratuita para todos los inscritos en la
Convención 3 días antes de la llegada, 16 de junio de 2026

Full schedule available on our Mobile App

FRIDAY	SATURDAY	SUNDAY
7:00 AM Registration Opens Hospitality Suite Opens Committee Openings Coffee Alcohol Meetings Open - Morning	7:00 AM Registration Hospitality Suite Committee Openings Coffee Alcohol Meetings Open - Morning	7:00 AM Rise & Shine Coffee Hospitality (Alcoholics April 9AM)
8:30 AM All Speaker Stages 1 - Dr. Gina T. Penedel, PA	8:30 AM All 4-Charlie Stages 1 - 12 Workshops	8:30 AM Workshops
10:00 AM - 1:00 PM All A-Area & Special Workshops	10:00 AM All-Area Speaker: Michele L. Charleston, WV	10:00 AM All Speaker Stages 11 - 21 Robert H. Livingston, SC
10:00 AM & 2:00 PM All 4-Charlie Stages 1 - 12 Stages 4-6 Workshops	10:30 AM Workshops	10:30 AM Committee Fellowship
11:30 AM Delegate's Report	11:30 AM Delegate's Report	11:30 AM Convention Ends
12:00 - 1:30 PM Lunch Buffet	12:00 - 1:30 PM Lunch Buffet	
4 PM All Speaker Stages 4 & 5: Lane K. Fyfeville, MD	1 PM All Tenors Panel	
5:45 - 7:45 PM Prized Dinner	6:05 PM Banquet Seating Opens	
7:00 PM All Play "The Coffee Pot Dance"	7:30 PM Dinner Open for Non-Banquet Seating	
8:45 PM All Speaker Stages 5 & 7: Linda K. Pincatana, NJ	7:45 PM MGS Introductions & Gratitude	
10:00 PM Ice Cream Social at All History Workshop	8:00 PM All Speaker Stages 6 & 8: Jim W. Charleston, WV	
11:00 PM Alcoholics End & Hospitality Suite Closes	10:00 PM SU Dance Ice Cream Social Jubilee Noise Gang Drink Game Room	
	11:00 PM Cook Night	

Coffee & Beverage Service (\$20 per person for entire weekend: Daily 7:00-10:00 AM, 2:30-6:30 PM & 8:00-11:00 PM. Also included with meal purchases.



Horario completo disponible en nuestra aplicación móvil

VIERNES	SÁBADO	DOMINGO
7:00 AM Inscripciones abiertas Apertura de la sala de hospitalidad Celebraciones de comité Café Reuniones del Alcoholics (7:00 a. m. a mediodía)	7:00 AM Registro Sala de recepción Celebraciones de comité Café Reuniones del Alcoholics (7:00 a. m. a mediodía)	7:00 AM Almuerzo y buffet Hospitalidad Alcoholics (Inicio de 8 a. m.)
8:30 AM Orador de All-Pass (1 a 2): Gina T. Penedel, PA	8:30 AM Taller de Joe y Charlie, pasos 11-12	8:30 AM Talleres
10:00 AM - 1:00 PM Talleres de All-Area y en español	10:00 AM Oradores de All-Area: Michele L. Charleston, Virginia Occidental	10:00 AM Orador de All-Pass 11-21: Robert H. Livingston, SC
10:00 AM & 2:00 PM Talleres de Joe y Charlie, pasos 1 a 3 y pasos 4 a 6	10 - 5:45 PM Talleres	11:30 AM Despedidas del Comité
11:30 AM Informe del delegado	11:30 AM Informe del delegado	12:00 AM La convención termina
12:00 - 1:30 PM Almuerzo buffet	12:00 - 1:30 PM Almuerzo buffet	
12:00 - 2:00 PM Almuerzo buffet	1 PM Panel de oradores	
4 PM All Speaker Stages 4 & 5: Lane K. Fyfeville, MD	6:25 PM Se abren las puertas del campamento	
5:45 - 7:45 PM Cena en plato	7:30 PM Fuentes abiertas para quienes que no usen el campamento	
7:00 PM All Play "La Zorra de la Colación"	7:45 PM Presentaciones y agradecimientos de MGS	
8:45 PM Orador de All-Pass 5 y 7: Linda K. Pincatana, NJ	8:00 PM Cuenta regresiva para la soberanía	
10:00 PM Taller de Historia Social de Hospitalidad a All	8:30 PM Orador de All-Pass 6 y 8: Jim W. Charleston, WV	
11:00 PM Dinner-Alcoholics End & Hospitality Suite	10:00 PM SU Dance Fiesta de hospitalidad Trámites finales con el hotel (según el día de llegada)	
	11:00 PM Buenas noches!	

Servicio de café y bebidas (\$20 por persona durante todo el fin de semana: todos los días de 7:00 a 10:00, de 14:30 a 17:30 y de 20:00 a 22:00. También incluido en la compra de comidas.



Snow Hill Waterfront Park Pavilion
26890 South Sandgates Road
Mechanicville MD 20689

Sunday, June 28th
12:00 PM to 6:00 PM
Food served from
12:00 PM to 4:00 PM

Fire Up Your Appetite

The annual SMIA Summer Picnic

Hamburgers, Hotdogs, Chicken, Italian Sausage and refreshments provided by the SMIA.

Covered dishes and desserts are encouraged



Opportunities for swimming, fishing, sun bathing, beach combing, and shark tooth hunting

Boat access to the park is available

Contact Buddy F. for details at smia.bookstall@somdaa.org

District 36 presents

The 2nd Annual NO Talent Talent Show

Sign Up TODAY! **FREE ADMISION**

July 18, 2026
Patuxent Presbyterian Church Hall
23421 Kingston Creek Rd.
California, MD 20619

Door Open at 6:30 pm
Refreshments Provided
Desserts Welcome
POC: **Mary F.**
piscesbaby82mf@gmail.com

REGISTER

FOR THE 2026 VAC CONVENTION

DoubleTree by Hilton Hotel
Richmond - Midlothian
1021 Koger Center Blvd,
Richmond, VA 23235
Friday, August 14 through
Sunday, August 16, 2026

Hosted by VAC District 29 and surrounding Richmond Districts

\$20 until 12/31, \$25 1/1-8/13

\$35 registration at the door

Rooms \$135 a night until 7/15/26

Registration & Scholarships

Hotel Booking

2026VACconvention@gmail.com

Sunlight of the Spirit

2026 August 7-9

Wyndham Garden York
2000 Loucks Road
York, PA, 17408

For More Info and Registration

Scan With Your Camera

EVENT SCHEDULE:

FRIDAY:
8pm: Victor V • Springdale, AR

SATURDAY:
8:30am: Open Meeting
10am: Terra W. • Camp Hill, PA
11:30am: Roundtable Forum
12:30-2pm: Lunch Break on your own
2pm: Lori G • Oklahoma City, OK
4pm: Jan M • Columbus, OH
5-7:30pm: Dinner Break on your own
7:45pm: Sobriety Countdown
8pm: Cliff G • Oklahoma City, OK
9:30 pm: Ice Cream Social

SUNDAY:
9:30am: Gary M • Columbus, OH

See what else is planned at SunlightYork.org

"BLUE TOP @ NOON"

Lexington Park United Methodist Church

21760 Great Mills Road

12:00 noon

Tuesday, Wednesday, Thursday

Tuesday will be the Daily Reflections

Wednesday will be the Big Book

Thursday will be a Step/Tradition meeting

Come check us out and join our group!

CLEAN AIR GROUP

The Clean Air Group

Is in need of support

And home group members

Come on out and check us out

Friday nights 6:30pm.

St. Andrews Episcopal Church

44078 St. Andrews Church Rd.



Support your Local Groups !!



NEW

AA Women's Group

Bedouin Women – Language of the Heart

Thursdays – Starting November 6, 2025

7:00 p.m.

Phillips House
37 Duke Street Prince Frederick

JOIN US



NOT QUITE RIGHT

The Not Quite Right Group

8:00pm. Friday Nights

Good Samaritan Lutheran Church

20850 Langley Rd. (Middle Building)

Lexington Park, Md.

Is in need of Support

and Home Group Members

SOUTHERN MARYLAND INTERGROUP ASSOCIATION MEETING MINUTES 5/9/26

OPENING - The Serenity Prayer.

Board Members Present: Todd M – Chair/Acting Treasurer; Emme J, Vice Chair; Shaara W, Secretary and Keith T, Parliamentarian. **New member(s)/ Visitor(s) Introduction:** Ed, Blue Top. **Groups & Committees Represented:** Buddy F – Archives Chair; Bill L – Web (remotely*); Buddy F – Bookstall; Keith H – Lifeline; Roy B - St. Mary's County Corrections; Faye S, We Are Not Alone; Roger R, To Each Its Own; Patrick B* - Where and When; Lorraine J*, Bedouin; Keith C*, Waldorf; John W*, Waldorf, Melissa* - Telephone; Paul S, Cove Point.

SMIA Chair Report: Todd reported he attended the Sobriety and Technology Workshop and that the issues brought up about adherence to the Principles, privacy and anonymity were interesting. May 16 9:00 a.m.- 3:00 p.m. is the Area Assembly at the United Methodist Church in Severna Park which is reporting back from the General Service Conference.

Vice-Chair Report: Emme J reported she has plans to visit the District meeting and then branch out to the groups for an SMIA outreach effort. She is going to have a 2-question survey card at the Serenity Breakfast.

Secretary Report: Motion to accept the April 2026 Minutes as posted on the Web and in the Lifeline. Second. All in favor.

Treasurer Report: This position is vacant. Todd, Chair, is still working with the former Treasurer and plans to have the annual budget review this month. Motion to accept the May 2026 Treasurer's Re-

port as posted on the Web and in the Lifeline. Second. All in favor.

COMMITTEE REPORTS: Corrections/Treatment/Public information/PCP:

Calvert: PI is going well. Kenny G is enthusiastic. **Charles:** Anchor at Pyramid is looking for women to chair meetings once a month. See Todd if you're interested. **St. Mary's:** Roy B. reported participation has been good.

Telephone: (4/14/26-5/8/26): Total Calls: 8; Calvert 2; Charles 2; St. Mary's 2; Not specified 2 for a total duration of 19 minutes. An article was published in this month's Lifeline about the vacancy of this position.

Where & When: Review proof has been distributed and response has been good. A new printer referred by Buddy F can do at a significantly lower cost. Final proof has been submitted. Vendor awaiting payment.

Lifeline: Keith H reported that things are going well. Any input is welcome, materials due by the 27th of the month. Flyer submissions should be in portrait layout and saved as a pdf.

Events Serenity Breakfast: Emme reported that things are going really well. Set up at Patuxent Presbyterian Church is at 4 p.m. Friday night and volunteers are welcome.

Picnic: Buddy F will chair event at Snow Hill Park 12-8. Food will be cooked from 12-4.

Gratitude Dinner: Scheduled for November.

Workshops: Nothing to report.

Bookstall: No. Orders 12; Total Collected \$202.10 with additional PCP/IP purchases of \$266.15.

Web Report: 4/11/26 – 5/9/26 Main Site Total Visitors (initial visit) Bookstall Site 2753– down 22% 2745– down 1% 5 Most Frequently visited pages Home

Page – 3134 Where and When Calendar - 218 On-Line Meetings – 221 Al-Anon Info – 204 Anniversary Calendar - 191 Top 10 Visitor locations – Maryland, Virginia, Illinois, DC, New York, Kansas, California, West Virginia, Delaware, Pennsylvania **Site Updates:** No changes this month. **Meeting Change Information** The Handicap Accessible designation was removed from all North Beach Group meetings. Smoke Free Sobriety time changed to 6:30 PM. Currently there are 135 meetings in our service area; 127 meetings are in-person, 6 meetings are hybrid, 7 meetings are on-line only, and one meeting is suspended. **Document Posts and Updates** Lifeline posted – 5/8/26 Financial page updated – 5/8/26 Where and When updated – 4/20/26 April Minutes posted- 4/13/26 Anniversary Submissions since last meeting St. Mary's County - 13 Calvert County – 12 Charles County – 0 Notes It is important to note that the SMIA is not responsible for the accuracy of on-line or physical meeting information. This is the responsibility of the groups or districts that provide the information.

OLD BUSINESS: After a good deal of discussion, motion made to rescind the motion passed last month forming a temporary committee to determine appropriateness of SMIA events and fundraising guidelines according to the SMIA Bylaws and AA Traditions for requesting donations from local businesses. Second. 8 yea, 1 nay, 1 abstention. Motion rescinded.

NEW BUSINESS: No new business.

FOR THE GOOD OF THE ORDER: District 36 is organizing a "No Talent Talent Show" at Patuxent Presbyterian on 7/18/26 from 6:30-10 p.m. Motion to Adjourn. Second. All in favor.

CLOSING – Responsibility Pledge.

June 2026

Southern Maryland Intergroup Association Inc Treasury Report

Monthly Contributions:

\$151.99

www.somdintergroup.org/contribute

SMIA, PO Box 767, Charlotte Hall, MD 20622

Southern Maryland Intergroup Association Inc Monthly Statement of Financial Position April 25, 2026 -May 24, 2026	
Assets	
Primary Business Checking	\$ 2,964.22
Prudent Reserve	\$ 4,300.00
PayPal	\$ 137.00
Bookstall Cash on hand	\$ 100.00
Total Assets	7,501.22
This Month's Expenses	
Bookstall Purchases	\$ -
Liability Insurance	\$ -
Lifeline Printing	\$ (123.52)
Misc	\$ -
Phone Answering Service/1-800#	\$ (61.29)
Post Office Box	\$ -
Rent	\$ (150.00)
Webmaster	\$ -
Website	\$ (2.65)
Where & When	\$ -
Picnic	\$ -
Office sup (coffee, postage & faxing)	\$ -
Bank Charges and Fees	\$ (16.00)
Other - Tax Filings	\$ -
Total Expenses	\$ (353.46)

Southern Maryland Intergroup Association Inc Yearly Statement of Activity April 25, 2026 - April 24, 2027		
Year to Date Income		BUDGET Shortfall
Contributions	\$ 151.99	99%
Bookstall Sales	\$ 212.70	94%
Gratitude Dinner	\$ -	100%
Serenity Breakfast	\$ -	100%
Total 2026 Income	364.69	98%
Year to Date Expenses		BUDGET Left to Use
Bookstall Purchases	\$ -	100%
Liability Insurance	\$ -	100%
Lifeline Printing	\$ (123.52)	92%
Misc	\$ -	0%
Phone Answering Service/1-800#	\$ (61.29)	92%
Post Office Box	\$ -	100%
Rent	\$ (150.00)	92%
Webmaster	\$ -	100%
Website	\$ (2.65)	100%
Where & When	\$ -	100%
Picnic	\$ -	100%
Office sup (coffee, postage & faxing)	\$ -	100%
Bank Charges and Fees	\$ (16.00)	92%
Other - Tax Filings	\$ -	0%
Total 2025 Expenses	\$ (353.46)	98%

Total of Checking and PayPal Allows us a financial Runway of	2.14	Months
Number of Months of Fiscal Year Remaining	11	Months
For our 2025-2026 planned expenses, we currently have a	\$(12,848.78)	Shortfall

		C&T	PI/CPC
Remaining Service Committee Budgets	Calvert	\$ 215.00	\$ 81.00
Budget Year 2025 (01May2025 - 30Apr2026)	Charles	\$ 80.00	\$ 176.00
As of 08MAY2026	St.Mary's	\$ 99.00	\$ 18.60

**THANK YOU
FOR YOUR CON-
TRIBUTIONS:**

**POPLAR HILL
SOBRIETY FIRST**

Please include your current group number when submitting correspondence or contributions to the SMIA. You can find your current group number at <https://somdintergroup.org/wwsearch.html#gnlf>. If your group does not have a current group number, contact the Area 29 Registrar at registrar@marylandaa.org.

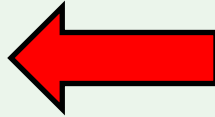
WHERE DO WE SEND OUR CONTRIBUTIONS?

1) All contributions can be made online:
www.somdintergroup.org/donate.php

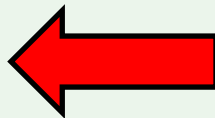
2) Or they can be mailed to the appropriate office location:

PLEASE NOTE THAT GSO AND MARYLAND GENERAL SERVICE OFFICE ADDRESSES HAVE CHANGED

General Service Office
Post Office Box 2407
James A Farley Station
New York, NY 10116-2407



Maryland General Service
PO BOX 234
Crownsville, MD 21032



Southern Maryland Intergroup (SMIA)
P.O. Box 767
Charlotte Hall, MD 20622

District 1 Trust Fund (Calvert)
P.O. Box 234
Barstow, MD 20610

District 35 (Charles)
P.O. Box 1981
La Plata, MD 20646

District 36 (St. Mary's)
P.O. Box 1334
California, MD 20619

ATTENTION GROUP TREASURERS:

****Remember to include the 6-digit GSO Group Number on all correspondence to Maryland General Service.***

Samples of Group Contributions to A.A. Service Entities*

Distribution Plan of _____
(YOUR GROUP NAME)

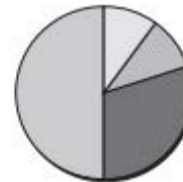
Your Group Service # _____

(Be sure to write group name and service # on all contributions.)



- ____ % to district
- ____ % to area committee
- ____ % to G.S.O.
- ____ % to intergroup or central office
- ____ % other A.A. service entities
- ____ % other A.A. service entities

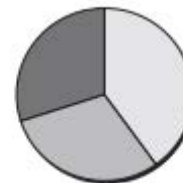
OR



- 10%** to district
- 10%** to area committee
- 30%** to G.S.O.
- 50%** to intergroup or central office

OR

If you have no intergroup/central office.



- 40%** to district
- 30%** to area
- 30%** to G.S.O.

THE DEADLINE FOR ALL LIFELINE MATERIALS IS THE 27th OF EACH MONTH.

SMIA SERVICE TEAM:

Chair: Todd M.
Vice Chair: Emme J.
Secretary: Shaara W.
Treasurer: VACANT
Parliamentarian: Keith T.
Web: Bill L.
Bookstall: Buddy F.
Lifeline/Archives: Keith H.
Telephone: VACANT
Where & When: Pat P.

DISTRICT 35 CHARLES COUNTY

Please join us at our next District Meeting
the first Thursday of the month @ 7pm

Peace Lutheran Church
401 Smallwood Drive
Waldorf, MD

Or via ZOOM

Meeting ID: 85795899259

Password: D35!2025

Mailing address:
PO Box 1981, La Plata, MD 20646

NEW BOOKSTALL HOURS:

First and Third Thursday of the
month 6:00pm - 6:45pm

Second Saturday of the month 9am - 10am

DISTRICT 1 CALVERT COUNTY

SERVICE OPPORTUNITIES

Accessibilities Chair

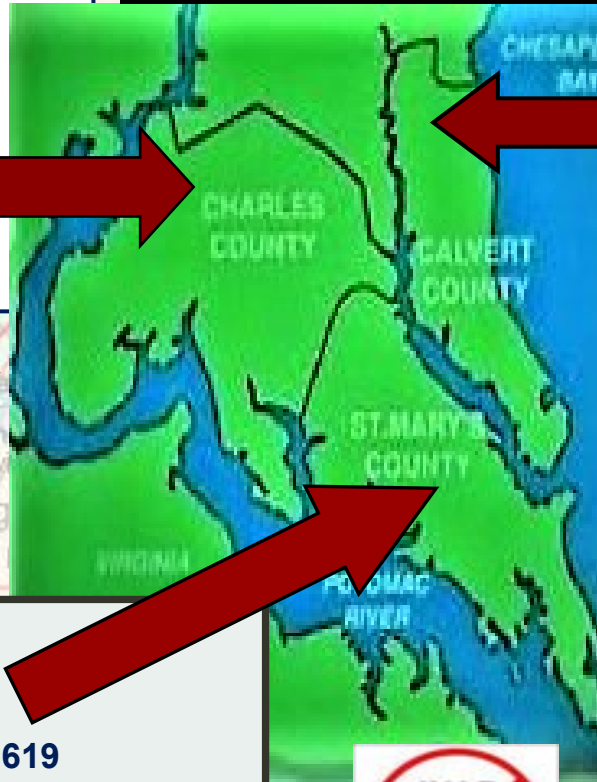
Men's Institutions Chair

Bridging the Gap Chair

District Meeting:
7 PM, 3rd Monday
St. Paul's Episc. Church
25 Church St.
Prince Frederick, MD
20678

District 1 Trust Fund
PO Box 234

Barstow, MD 20610
www.calvertaa.org



**SERVICE KEEPS
US SOBER**

DISTRICT 36

ST. MARY'S COUNTY

PO Box 1334, California, MD 20619

[www.marylandaa.org/
organizer/district-36-6](http://www.marylandaa.org/organizer/district-36-6)



DISTRICT NOTES

Please send any updates for
the Where & When to:
[smia.whereandwhen@
somdaa.org](mailto:smia.whereandwhen@somdaa.org).

Current meeting guides are
available at the monthly
SMIA meeting on a limited
basis.

The next SMIA Meeting will be held on
Saturday, July 11 at 10:00 AM
Join us in person @
Immaculate Conception Church,
28297 Old Village Road, Mechanicsville, MD 20659
Or via Zoom @
[https://zoom.us/j/99982597908?
pwd=QzVLcUZrVHdacFlrYUNZN21tdkluQT09](https://zoom.us/j/99982597908?pwd=QzVLcUZrVHdacFlrYUNZN21tdkluQT09)